```
00:12:57
                Ronette Dill:
                                Hello from Landrum, South Carolina
                Trena Wilkerson:
00:15:04
                                         Trena 1
00:15:05
                Latrenda Knighten:
                                         Latrenda - 2, because position 1 might choke
him
00:15:06
                Tran Trang:
                                Tran 2
00:15:07
                Igraine Lynnil Latumbo: Igraine - 2
                Sonia Gera:
                                Sonia 1
00:15:08
                Lisa Hendrix:
00:15:09
                                Lisa 2
                Marcie Alexandergumienny:
                                                 Marcie #2
00:15:09
00:15:10
                Robyn Wise:
                                 Robyn 2
                Adrienne Aldridge:
00:15:11
00:15:11
                Angela Turczyn: Angela - 1
                Joshua Peterson:
                                         Josh 1
00:15:12
00:15:13
                Ken Krehbiel:
                                 Edmond 2
00:15:14
                Edmond Lau:
                                Ronette - 1
00:15:15
                Ronette Dill:
00:15:17
                Karen Hyers:
                                 1 Ivy
00:15:21
                Ivy Benton:
00:15:24
                Emma Eaton:
                                 Emma 2
                Kimberly Malone:
                                         2
00:15:24
00:15:42
                Ivy Benton:
                                neck tie
00:15:44
                Angela Turczyn: If the giraffe takes a selfie the bow tie can only
be seen in option 1
00:15:48
                Kelly M. Costner:
                                         Kelly 2 because he could look down to see if
it's properly adjusted
00:16:07
                Trena Wilkerson:
                                         Maybe switch up 1 one day then 2 the next!
00:17:25
                Trena Wilkerson:
                                         Uplifting others so important too!
00:17:58
                Angela Turczyn: We can see them floating too! Very cool
00:24:27
                Angela Turczyn: 21?
                Ronette Dill:
00:24:29
                                 10
00:24:33
                Ivy Benton:
                                I think there are 20 or 21
00:24:34
                Sumita Jaggar:
                Adrienne Aldridge:
                                         30
00:24:36
00:24:42
                Karen Hyers:
                                 21
                                 23
00:24:44
                Robyn Wise:
                                Remember the teens?
00:24:45
                Sumita Jaggar:
00:24:48
                Ivy Benton:
                                21
                Angela Turczyn: 1-10: 2
00:24:49
                Angela Turczyn: 11-20: 9
00:25:00
00:25:11
                Kelly M. Costner:
00:25:13
                Angela Turczyn: 21-100: 9
                Sonia Gera:
00:25:17
00:25:18
                Tiffanie Nealy: 19
00:26:12
                Tran Trang:
1,10,11,12,13,14,15,16,17,18,19,21,31,41,51,61,71,81,91,100
                Sumita Jaggar: A pit in your stomach when you have to go back to
00:28:30
school
00:28:32
                Angela Turczyn: Feeling anxious to go to work
                Ronette Dill:
                                Loss of joy for teaching
00:28:40
00:28:45
                Angela Turczyn: Can't leave work at work
```

```
00:28:50
                Deborah Ramos: Struggle to get going in the morning.
                Adrienne Aldridge:
                                        anxiety, feeling overwhelming, life changes
00:29:06
                Angela Turczyn: Non-compliance with phone/earbud rules
00:32:26
00:32:26
                Lisa Hendrix:
                                Unsupportive admin
                                standardized testing
00:32:27
                Karen Hyers:
00:32:28
                Robyn Wise:
                                Parent emails, meeting standards
                Latrenda Knighten:
                                        Unrealistic expectations
00:32:28
                Deborah Ramos:
                                Lack of support for students with serious behavior
00:32:32
issues.
                                students behavior
00:32:40
                Ivy Benton:
00:32:45
                Patty Chacon:
                                Parent emails/
00:32:50
                Adrienne Aldridge:
                                        Too many dates, no consideration, student
behavior, unrealistic expectations, and consistency
                                Lack of motivation and respect amongst students.
00:32:51
                Sonia Gera:
                                        Behavior, no time, cell phones BUDGET CUTS
00:32:55
                Rachael Blackman:
00:38:25
                Sumita Jaggar: Dune
00:38:27
                Tiffanie Nealy: 16 candles
                Robyn Wise:
                                The Princess Bride
00:38:28
                Angela Turczyn: Back to the Future
00:38:30
                Ronette Dill:
                                Star Wars
00:38:45
00:38:47
                Jayme Lorenz:
                                Harry Potter (never seen any of them!)
                Angela Turczyn: Titanic!
00:38:53
00:38:57
                Sumita Jaggar:
                                Didn't miss anything with Star Wars. ;-)
                                Star Wars
00:39:00
                Sonia Gera:
00:39:12
                Latrenda Knighten:
                                        Star Wars
00:40:22
                Angela Turczyn: Abstract Algebra!
00:57:28
                Edmond Lau:
                                14.4
00:58:40
                Angela Turczyn: 30k
                                Hi Thomasine, do you have a question? I see your
01:05:33
                Jayme Lorenz:
hand raised.
                                        My apology, an error.
01:07:27
                Thomasine Sidewater:
                Tiffanie Nealy: Make my car ride home more quiet... not listen to
01:11:19
others rant so that I can decompress
01:11:29
                Tiffanie Nealy: Great Job Joe!!!!!
01:11:38
                Angela Turczyn: I like the idea of eliminating choices. Decision
fatigue is so real! Planning ahead my outfits and what I am eating for lunch helps
unload mv brain :)
                                Wookie Rookie
01:11:42
                Jayme Lorenz:
01:11:57
                Ken Krehbiel:
                                Latrenda!!!!!
01:12:01
                Tiffanie Nealy: I'm in... thanks for sharing that Jayme!!! LOL
01:12:15
                Trena Wilkerson:
                                        Thank you! Great reminder to take care of
ourselves!
01:12:32
                Trena Wilkerson:
                                        Excited about the podcast!
                Igraine Lynnil Latumbo: Salamat. Thank you 🗐
01:12:37
                                        Love this! Thanks, Joe! I will definitely
01:12:47
                Latrenda Knighten:
take some me time tomorrow.
01:12:49
                                Love the first episode of the Podcast - excited for
                Joseph Bolz:
more!
01:12:59
                Joseph Bolz:
                                Thank you all for being a great audience and letting
me share!
```

01:13:04 Sonia Gera: Thank you! Joseph Bolz: 01:13:37 https://docs.google.com/presentation/d/1fSjjom4osJZMJ_xlqsUu0-gCewC-N1H5UDgvPMB8EY0/ edit?usp=sharing Slides from today^^^ Joseph Bolz: 01:13:43 01:14:35 Tran Trang: thank you so much Lisa Hendrix: Thank you 01:14:35 Deborah Ramos: Thank you!!! 01:14:36 01:14:37 Angela Turczyn: THank you!!